

## Overview

### Everest Panorama Trek Overview

Everest Panorama Trek also known as Everest View Trek is an easy short trek tailored for those trekkers who desire to see Mt. Everest but do not have sufficient time to go all the way to Everest Base Camp or are restricted from going there for other reasons. This small trek to the Everest region offers you a grandeur view of Mount Everest (8848m), the Region's most beautiful mountain Amadablum, Lhotse, Nuptse, peak 38, Thamserku, Khantega, Kwande Peak, and many other small peaks. This trek tour is not only about the mountain views but also a great chance to experience and to explore stunning Sherpa villages and have a close look at their fascinating Buddhist religion, culture tradition, etc.

A scenic and exciting flight of 35 minutes to Lukla airstrip is thrilling which is known as Asia's most adventurous airport and walking along the Dudh Koshi River to reach Namche Bazaar, a beautiful village that caters to many hotels, shops, bars, boutiques, and restaurants an active and lively town in Everest region, trekkers get chilled on the way back after completion of their trip to Everest trek. The ridge above Namche Bazaar offers an amazing view of Mt. Everest and other mountains of the Khumbu area.

It is a great experience to visit Tengboche Monastery. Trekking to Syangboche is another important day hike while on trekking; Syangboche offers a breathtaking close view of Everest and other mountains. Visiting the biggest Sherpa village, Khumjung village and Everest View Hotel (the Five Star Hotel at the highest elevation in the world, see world record of Guinness Book) is another attraction during this trek. Overall, we explore the villages, visit the ancient Buddhist monasteries, and the Hillary school, and finally return to Namche for an overnight stay. We return to Lukla at the end of the trek and fly back to Kathmandu.

### Outline Itinerary

**Day 01 : Fly to Lukla (2710m) and trek to Phakding (2652 m).**

**Day 02 : Trek to Namche Bazaar (3446 m).**

**Day 03 : Rest and Acclimatization day at Namche.**

**Day 04 : Trek to Tengboche (3870m).**

**Day 05 : Trek to Khumjung (3900). Site trip to Khunde Hillary Clinic and Monastery.**

**Day 06 : Trek to Phakding.**

**Day 07 : Trek to Lukla.**

## **Day 08 : Fly back to Kathmandu.**

### **Cost Includes**

- Registered experienced English speaking local Sherpa trekking guide.
- An assistant guide to handle the group if the number of participants are above six.
- Porters to carry your main pack (weight limit 25kg as per state law).
- All meals: breakfast, lunch and dinner during the trek.
- Tea, coffee, cookies and fresh fruits during the trek.
- Mountain lodge accommodation on twin/double sharing basis.
- Kathmandu – Lukla – Kathmandu Flight and airport taxes.
- All necessary Everest Panorma trekking permits.
- Office service charge, government taxes and vat etc.
- Food, accommodation and salary of your guide and porters.
- Sharing porters to carry your luggage and trekking gear.
- Insurance and trekking gear for guide and porters.

### **Cost Excludes**

- Transfers, accommodation and meals in Kathmandu.
- Guided sightseeing and monuments entrance fees in Kathmandu.
- All bar bills, beverages such as coke, fanta, mineral water
- Hot shower, hot water, internet and personal nature expenses.
- Personal travel insurance, international air ticket and Nepal visa fee.
- Rescue operation charge in case of emergency (we arrange rescue on request).
- Gratitude and tips for guide and porter.